

CURRICULUM VITAE

Mr SAMEH SAMIR ANSARA

GMC SPECIALIST REGISTRATION: 4289964

**M B Ch B
M Ch Orth
FRCS Ed**

**Consultant Trauma & Orthopaedics
Dumfries & Galloway Royal Infirmary**

Mr Sameh Samir Ansara

GMC No: 4289964 (Full Registration)

Email: samehansara@nhs.net

Dumfries & Galloway Royal Infirmary, Bankend Rd, Dumfries, DG1 4AP

QUALIFICATIONS

- | | |
|-------------------|---|
| 1995 (Nov) | FRCS (Ed)
Royal College of Surgeon of Edinburgh |
| 1988 (Jan) | MCh Orth in Trauma & Orthopaedics
Faculty of Medicine, Alexandria University, Egypt |
| 1982 (Nov) | MB ChB
Faculty of Medicine, Alexandria University, Egypt |

REGISTRATION

GMC FULL SPECIALIST REGISTRATION: 4289964

MEMBERSHIPS

- Royal College of Surgeon of Edinburgh (22356)
- British Orthopaedic Association (17133)
- BMA (6934509)
- MDU (3799165)
- British Orthopaedic Specialist Association

AWARDS

MBChB Hons. 1982.

Clinical Excellence Award for Consultants 2014.

NATIONALITY

British

SUMMARY OF TRAINING & EXPERIENCE

UK

January 2010

Consultant Trauma & Orthopaedics
Dumfries and Galloway Royal Infirmary

April 2009
December 2009

Locum Consultant – Trauma & Orthopaedics
Sandwell and West Birmingham Hospitals NHS Trust
Teaching trust for Birmingham University

July 04 - April 09

Associate Specialist – Trauma & Orthopaedics
Sandwell and West Birmingham Hospitals NHS Trust
Teaching trust for Birmingham University

22/10/2008
for 3 month

Shoulder Fellowship (Paris-France) 3 month
George Pompidou University Hospital (Paris)

01/09/98 –
28/07/04

Staff Grade – Trauma & Orthopaedics
Sandwell and West Birmingham Hospitals NHS Trust

01/02/95 –
31/08/98

Registrar – Trauma & Orthopaedics
Sandwell and West Birmingham Hospitals NHS Trust

01/02/94 –
31/01/95

Senior House Officer – Trauma & Orthopaedics
Solihull & Heartland Hospital NHS Trust

OVERSEAS

01/09/89 -
30/09/93

Senior Registrar – Trauma & Orthopaedics
Al Manna General Hospital, Al Dammam / Al Khobar, Saudi Arabia

30/05/88 –
07/05/89

**Senior Registrar – Trauma & Orthopaedics
(Higher Surgical Training Year 5)**
Rass El Tin Hospital, Alexandria, Egypt

13/06/84 –
20/05/88

Resident – Trauma & Orthopaedics (4-year Higher Surgical Training)
Alexandria University Hospital (Al Hadra Hospital, Alexandria, Egypt)

01/03/84 –
12/06/84

Senior House Officer – General Surgery
Ministry of Health Hospital, Alexandria, Egypt

01/03/83 –
29/02/84

Internship
Alexandria University Hospital & Rass El Tin Hospital, Alexandria

PRESENT POST

Consultant Trauma & Orthopaedics (January 2010 till now) **Dumfries and Galloway Royal Infirmary**

The department consists of 7 consultants, each has different interest as paediatrics, foot and ankle, upper limb and lower limb primary and revision arthroplasty. The department deals with complex polytrauma patients . My subspecialty is shoulder and upper limb surgery. My activities include:

Clinical

Elective

My elective work consists of shoulder and upper limb surgery.

I perform arthroscopic shoulder surgery for rotator cuff tear, stabilisation procedures, SLAP lesion, SAD, excision lateral end of clavicle, capsular release and primary shoulder arthroplasty.

Trauma

I manage polytrauma patients with different forms of injuries, complex shoulder and upper limb fractures during my trauma week .I receive most shoulder injuries referred by my colleagues.

Management

I introduced a change in the department for management of patients with shoulder problems to be seen in (one stop) clinic .I worked within a multidisciplinary team of consultant radiologist, senior managers and physiotherapists to achieve this task. I introduced a shoulder pathway for patients with shoulder problems.

Teaching & Education

I am a member of the educational committee of the hospital. I regularly teach FY1 and set the introduction programme for FY1's in the orthopaedic department. I am the educational and clinical supervisor of the FY1.

Audit/Presentation & Podium/Presentation

I am active in taking part in regular audit presentation. I have had several publications, podium presentations and posters in several conferences and journals in the last five years since I have been a consultant.

PREVIOUS POSTS & TRAINING

Locum Consultant –Trauma &Orthopaedics (April 2009 – December 2009)

Sandwell and West Birmingham Hospitals NHS Trust

Teaching trust for Birmingham University

Clinical

ELECTIVE

- Lower Limb Surgery

I perform primary hip and knee arthroplasty on elective list. I also perform knee arthroscopies, basic hand and foot surgery in the Surgical Day Unit

- Sub Specialty_(Shoulder Surgery)

I worked with two Surgeons with an interest in shoulder surgery at Sandwell Hospital. I attended a (shoulder fellowship) in France to develop more in depth knowledge and skills in shoulder surgery.

Trauma

I participate in one in six trauma week. I operate on 6 trauma sessions during the trauma week.

Jul 2004 – April 2009: Associate Specialist – Trauma & Orthopaedics

Sandwell and West Birmingham Hospitals NHS Trust

Teaching trust for Birmingham University

Clinical

I worked independent in elective and trauma list since 1998.

I assessed new and review patient in the OPD.

Clinical Audits

I designed several clinical audits which helped to improve our practice in the department.

Shoulder Fellowship (Paris - France)

22/9/2008 till 20/12/2008

Hopital European George Pompidou (University Hospital Paris)

Hopital Ambroise Patee (University Hospital Paris)

I worked with

1-Prof B Augereau at George Pompidou University Hospital

2-Prof Philip Hardy at Ambroise Patee University Hospital

3-Dr Alain Iserin at Institut de la main Paris

In this post I worked in two teaching university hospitals with two professors with special interest in shoulder surgery shoulder. I attended theatre sessions, outpatient clinics and the teaching sessions. I gained experience in all aspects of shoulder and upper limb surgery trauma, elective cases using open and arthroscopy techniques.

Secondment Associate Specialist (Shoulder Surgery)

01/01/2008 till31/01/2008

South Warwick Hospital

I worked for one month with:

Mr Ike Shoulder Specialist

I assisted in several arthroscopic and open shoulder surgery and reviewed patients in the OPD.

Sep 1998 – Jul 2004: Staff Grade – T&O (5 years 11 months)

Sandwell and West Birmingham Hospitals NHS Trust

I Worked with the following Consultants:

- Mr S S Geeranavar – Shoulder and knee surgery.
- Mr J Clothier – Paediatric Orthopaedics and spinal.
- Mr P Shaylor – LL arthroplasty and revision hip.
- Mr M El Safty– lower limb arthroplasty and knee.
- Mr M Taylor – shoulder surgery and sports injury.

Feb 95 – Aug 98: Registrar – Trauma & Orthopaedics **Sandwell and West Birmingham Hospitals NHS Trust**

During this post I obtained my FRCS(Ed).

01/02/94 – 31/01/95: SHO – T&O **Solihull & Heartland Hospital NHS Trust**

This was my first post in UK.

Sep 89 – Sep 93: Senior Registrar – Trauma & Orthopaedics **Al Manna General Hospital, Al Dammam / Al Khobar, Saudi Arabia**

I worked under supervision of two Professors and two consultants (FRCS) from UK::
-Prof H Waly (Paediatrics, spinal surgery) -Mr M El Hadidi (Trauma/ LL arthroplasty)
-Prof. H Sadek (Paediatrics, trauma) - Mr Z Al Dahan (Hand, Trauma)

May 88 – May 89: Senior Registrar – Trauma & Orthopaedics **(Higher Surgical Training Year 5)** **Rass El Tin Hospital, Alexandria, Egypt**

I worked with: Mr N Massoud FRCS (Consultant Orthopaedic Surgeon)

Jun 84 – May 88: Resident – Trauma & Orthopaedics (4 years) **(Higher Surgical Training – Years 1 to 4)** **Alexandria University Hospital (Al Hadara Hospital)– Egypt**

I worked with:

Professor A Razak	Paediatrics/scoliosis
Professor H Waly	Paediatrics/knee injury
Professor Y Sheta	Spine
Professor H Sadek	Trauma/bone infection
Professor H Morsey	Hand
Professor H El Shafei	Lower limb arthroplasty/shoulder

01/03/84 – 12/06/84: Senior House Officer – General Surgery (3 months) **Ministry of Health Hospital, Alexandria, Egypt**

01/03/83 – 29/02/84: Internship (12 months) **Alexandria University Hospital & Rass El Tin Hospital, Alexandria**

AUDITS

I am the lead person for audits in my department at Dumfries & Galloway Royal Infirmary since 2010.

Independent (P.T.) follow up post arthroscopic decompression surgery.

PREMS (Patient Reported Experience Measure).

PROMS (Patient Reported Outcome Measure).

My experience in Dumfries in fixing clavicular fractures.

The accuracy of ultrasound scans in shoulder problems.

Ultrasound scan for patients above 40 years of age with shoulder dislocation.

Application of WHO list in theatres.

Arthroscopic shoulder capsular release for frozen shoulder.

Arthroplasty follow up.

Arthroscopic assisted arthrodesis ankle

Brachial Plexus Nerve Block for shoulder surgery .

Assessment of surgical treatment of supracondylar fracture I children.

Comparison between MRI & ultrasound in diagnosis of rotator cuff tear

Consent of patients for joint arthroplasty. Are we doing enough?

Comparison between percutaneous release of Tennis elbow under local anaesthetic and open release under general anaesthetic (2004)

Rotator cuff tear: A comparative study between clinical diagnosis, MRI investigation with operative findings

Blood transfusion in patients with femoral neck fracture (2000)

PRESENTATIONS

2016

Podium (Senior author Mr Ansara):AND Poster presentation
Evaluation of the results of treatment of patellar fracture by cannulated screws with threaded tension band wire.

Patient Reported Outcome Measures (PROMs) & Patient Reported Experience Measures (PREMs) either or both?

Flexible intramedullary nailing in paediatric femoral shaft fractures

Video Presentations (e-posters) (Senior author Mr Ansara):

Spontaneous hand compartment syndrome in a patient with Limited Cutaneous Systemic Sclerosis (LcSSc)

Does arthroscopic shoulder decompressive surgery need orthopaedic follow up?

Percutaneous reduction and fixation using two K-wires in paediatric angulated radial neck fractures.

Bilateral osteonecrosis of the femoral and humeral heads after short term high dose corticosteroid therapy case report.

Upper Limb:

Can a mini medial incision reduce the risk of ulnar nerve injury in displaced supracondylar fractures of the humerus in children?

Arthroscopic shoulder capsular release for frozen shoulder. Is it effective?

Comparison between the medial and posterior approaches in the surgical treatment of displaced supracondylar fractures in children.

The reconstruction of humeral head defects in anterior and posterior shoulder dislocation using bone graft

Regional brachial plexus block for shoulder surgery.

Rotator cuff tears: A comparative study between clinical, MRI diagnosis and intra-operative findings

Percutaneous release of common extensor tendon in Tennis elbow. Does it work?

A learned lesson in the treatment of locked posterior dislocation of shoulder by bone graft

The Surgical treatment of locked posterior dislocation of the shoulder using bone Allograft for reconstruction of the humeral head defect.

Lower Limb:

A retrospective analysis of first metatarso-phalangeal joint fusion

Hip arthroplasty follow-up. A time for review.

Does An Aircast Walker Boot Following Operative Fixation Of Ankle Fractures Allow Early Patient Discharge?

Comparison between use of Local Nerve Block and PCA and PCA alone in management of post-operative pain in TKR

Comparison between the use of Nerve block and PCA and PCA alone in management of Post operative pain in patient undergoing THR.

Assessment of functional outcome of operatively treated patients with calcaneal fractures

Difficult acetabular reconstruction using a cement cage system with impaction bone graft)

The clinical and radiological assessment of using retrograde femoral nails in supracondylar fracture femur in the elderly

A separate incision for the release of lateral structure for correction of severe valgus deformity in TKR

The results of treatment of chronic haematogenous osteomyelitis bone cavities filled by cancellous autograft and suction irrigation technique.

PUBLICATIONS

PUBLISHED PAPERS

- 1) **Bilateral osteonecrosis of the femoral and humeral heads after short term corticosteroid therapy: a case report.**
- 2) **Upper limb deep venous thrombosis following a simple clavicle fracture.**

Tanagho A, ElGamal T, Ansara S.

International Journal of Case Reports and Images, Vol.4 NO.11, Nov 2013

- 3) **Anterior interosseous nerve palsy as a complication of proximal humerus fracture: a case report.**

Andy Tanagho, Tarek ElGamal, Sameh Ansara

ORTHOPEDICS OCTOBER 2013 | Volume 36 • Number 10

- 4) **Spontaneous hand compartment syndrome in a patient with Limited Cutaneous Systemic Sclerosis (LcSSc)**

Andy TANAGHO, Sameh HATAB, Sally YOUSSEF, Sameh ANSARA

ORTHOPEDICS SEPTEMBER 2015| Volume 38 • Number 9

- 5) **Percutaneous reduction and fixation using two K-wires in paediatric angulated radial neck fractures.**

Andy Tanagho, Sameh Ansara

*Journal of Hand and Microsurgery 2015. ISSN 0974-3227. DOI
10.1007/s12593-015-0199-x*

- 6) **Retrograde femoral nailing in elderly patients with supracondylar fracture femur; is it the answer for a clinical problem?**

Sameh El-Kawy,¹ Sameh Ansara,¹ Alaa Moftah,¹ Hisham Shalaby,^{1,2} ar
Vinod Varughese¹

Journal of International orthopaedics 2007 Feb 31(1):83-86

- 7) **Consent in elective joint replacement surgery: Are we doing enough?**

Journal of the Royal Society of Medicine

Clin Risk 2007; 13:131-132

A Wahid ,K Ahmed, S Ansara ,S Geeranavar

- 8) **Fractures of the distal humerus**

Journal of the Royal Society of Medicine

Clin Risk 2007; 13:131-132

A Wahid ,K Ahmed, S Ansara ,S Geeranavar

- 9) **Evaluation of the results of treatment of patellar fracture by cannulated screws with threaded tension band wire.**

B Yousef , S Yousef , S Ansara, K Porter

Trauma (Vol 10)Number 2,2008:125-132

1- **Comparison between the medial and posterior approaches in the**

PUBLISHED ABSTRACTS

surgical treatment of displaced supracondylar fractures in children.

2-Percutaneous release of tennis elbow. Does it work?

3-The use of bone graft for the reconstruction of a reverse Hill Sach's lesion in locked posterior shoulder dislocation.

4-Acute post operative pain management in TKR; A comparative study between PCA and PCA with Local Nerve Block.

5-Functional outcome of operatively treated calcaneal fractures

6-Clinical and radiological results of retrograde femoral nails in elderly patients with supracondylar fracture femur

7-Learned lesson in the treatment of locked posterior dislocation of shoulder by bone graft

8-The surgical treatment of locked posterior dislocation of the shoulder using bone Allograft for reconstruction of the humeral head defect. A case report.

RESEARCH

1-The Results of Treatment of Chronic Haematogenous Osteomyelitis bone Cavities Filled by Cancellous Autograft and Irrigation – Suction Technique (1985)
Sameh Ansara, Prof. Abolfotooh Eid, Prof. Gawad Hamada

2-Difficult acetabular reconstruction using impaction bone graft and acetabular cage A Soliman ,S El Kawy , S Ansara, F Issa

COURSES & MEETINGS

SHOULDER COURSES

2016	March	Glenoid Mask Surgical Exposure
2015	March	Birmingham Shoulder Arthroscopy (Birmingham)
2014	November	Arthroplasty Shoulder (Aberdeen University)
2014	March	Birmingham Shoulder Arthroscopy (Birmingham)
2013	October	Masterclass Shoulder Arthroscopy (Edinburgh)
2013	April	Shoulder Arthroplasty/Glenoid Replacement (Warwick University)
2012	April	Short Stem Arthroplasty (Oswestry)
2011	April	Shoulder Dislocation (Leicester University)
2010	June	Cadaveric Shoulder Arthroplasty (Paris)
2010	May	Leicester Third Shoulder Trauma Symposium
2009	May	Shoulder Sports Injury (Warwick University)
2009	May	Leicester Second Shoulder Trauma Symposium (Leicester University)
2009	Jan	Surgery of the upper limb (George Pompidou University Hospital)
2008	May	Leicester First Shoulder Trauma Symposium
2007	Nov	Arthroplasty upper limb Brunel University
2007	Nov	Advanced shoulder arthroscopy Liverpool
2006	May	Arthroscopic stabilisation ,cuff repair Epsom
2005	Oct	Shoulder Course , Reading
2004	Nov	Upper Limb Surgery , Institut de la Main, Egypt
2001	Mar	Upper Limb Arthroplasty , Lille, France
2000	Feb	Open Shoulder Surgery , RCS, London
1998	May	Symposium about Shoulder Replacement , Birmingham

HIP COURSES

2007	June	Cementless Hip Replacement London
2003	Jun	Interactive Hip and Knee Meeting , Birmingham
2002	Mar	Hip Symposium , Exeter
2000	Nov	Debate about Hip Replacement , Bristol
1999	Nov	Debate about Hip Replacement , Bristol
1999	Sep	Hip Replacement , Stanmore Hospital
1996	Nov	Symposium JRI Hip , Solihull

KNEE COURSES

2007	Mar	Advances in TKR (Nice)
2006	Mar	Arthroscopic ACL reconstruction (London)
2005	Mar	

2003	Jun	Second National Knee Meeting , Worcester
2003	Jun	Issues in ACL Reconstruction
2000	Nov	Knee Ligament Symposium , Wrexham
1998	May	Problem about TKR , Darlington Hospital
1997	Oct	Knee Ligament Instability , Droitwich
1994	Dec	The Rotaglide TKR Workshop , Solihull
HAND COURSE		
2000	May	Revision course of Hand Surgery , Nottingham
FOOT COURSE		
2000	May	Foot and Ankle Surgery , Stanmore Hospital
PAEDIATRIC COURSES		
2002	Mar	Paediatric Instructural Course , Liverpool
2000	Oct	Paediatric Orthopaedic Surgery Course , Birmingham
TRAUMA COURSES		
2015	March	Trauma Orthopaedic Association 2nd Annual Meeting , Warwick
2005	Dec	Plaiting for distal Radius Fractures , City Hospital Birmingham
2006	May	AO current concepts (Chester)
2004	May	6th European Trauma Congress , Prague
2003	Oct	The Third European Trauma Symposium , Italy
2002	Aug	Edinburgh Trauma Symposium , Edinburgh
2002	Jun	The 16th international Trauma Symposium , Chester
2002	Jun	The 2nd European Trauma Symposium , Chester
2001	Sep	Sports Injury and Medicine , Lillyshall
1998	Sep	The 12th Annual Trauma Symposium , Edinburgh
1997	Nov	Orthofix External Fixation , Sheffield
BOA		
2006	May	British Orthopaedic Specialist Association , Wigan
2005	Mar	BASK Meeting , Newcastle
2005	Jun	British Orthopaedic Specialist Association , Birmingham
2004	Sep	BOA , Manchester
2004	Jun	British Orthopaedic Specialist Association , London
2003	Oct	British Trauma Association , London
2003	Jan	The 23rd Instructural Course , BOA, Birmingham
MISCELLANEOUS		
2015	April	CPR Dumfries Royal Infirmary
2015	May	Handover Meeting Dumfries Royal Infirmary
2014	May	Management and Leadership Dumfries Royal Infirmary
2006	Jun	West Midlands SAS Regional Meeting BMA Birmingham
2006	Mar	Teaching the teachers , Keele University
2006	Mar	Clinical management course for SAS/associate specialist , Keele University
2005	Nov	Naughton Dunn Club , Midland Regional Meeting
2005	Mar	Critical appraisal and evidence base medicine , Birmingham
2005	Mar	ATLS , Birmingham

CONFERENCES

2014	Sep	British Orthopaedic Association Birmingham
2008	Nov	SOFCOT Congress Paris
2007	Aug	SICOT (Maraquesh)
2006	Sep	SICOT (Argentina)
2005	Sep	SICOT , Istanbul
2005	May	EFFORT (Prague)
2004	Dec	EFORT , Portugal
2004	Feb	Medico-Legal Report Writing , London
2003 / 2004		Recognition and award for SAS
1998 /1988)		Egyptian Orthopaedic Association Annual Congress , Cairo
1996	Sep	Radiation use and protection.
1986 / 1988		The Annual Orthopaedic and Trauma Conference , Alexandria

REFERENCES

Miss Amanda Hawkins
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Mr Sandeep Shewale
Cons Trauma &Ortho
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