

Curriculum Vitae

Mr Sherif Elnikety

MD (Res), FRCS (Tr & Orth), MBChB

June 2017

**PERSONAL
DETAILS**

Name	Sherif Elnikety
Date of Birth	7th April 1977
E-mail	Elnikety@hotmail.com
Nationality	British

**PROFESSIONAL
REGISTRATION
/MEMBERSHIPS**

GMC	Specialist Registration with licence to practice (6036932)
BESS	British Elbow and Shoulder Society membership
MPS	Medical protection society (425479)
RCS – England	Royal College of Surgeons of England Fellow (1011172)
FMLM	Faculty of Medical Leadership and Management (004743M)

QUALIFICATIONS

MD (Res)	University College London, Dec 2015
FRCS (Tr & Orth)	Royal College of Surgeons of England, Nov 2014
FEBOT	European Board of Tr & Orth, Oct 2013
SICOT Diploma	International Society of Tr & Orth, Nov 2012
FSEM (UK)	Sports and Exercise Medicine diploma, Royal College of Surgeons of Edinburgh, Nov 2010
Postgrad Diploma	Orthopaedic Engineering, Cardiff University, Oct 2009
CCBST	Certificate of Completion of Basic Surgical Training, RCS - England, Jan 2007
MRCS	RCS - England, June 2006
MBChB	Alexandria University, Egypt, September 2000

**AWARDS /
PRIZES**

Fellowship Award	German Orthopaedic Travelling Fellowship 2013
Ranked 1 st	SICOT diploma examination, Nov 2012
Lester Lowe Award	SICOT conference, Dubai, Nov 2012

MD (RES) BIOMEDICAL ENGINEERING

CAREER DEVELOPMENT

My research was investigating the use of cortical demineralised bone in augmentation and repair of tendons and ligaments and to improve tendon reattachment to bone. Typical examples are rotator cuff tears and patellar tendon avulsions. The study was done on live animals (sheep); it also included laboratory work as well as mechanical testing and histological analysis. My study provides strong evidence that demineralised bone implanted in tendon environment results in remodelling of the demineralised bone into tendon like tissue rather than re-ossification. I presented my research at national and international levels, multiple abstracts and manuscripts published.

I developed my career to be a consultant orthopaedic surgeon with special interest in shoulder surgery. During the earlier stage of my higher orthopaedic training I developed my core skills and competencies in trauma surgery and acquired a broad experience in all orthopaedic subspecialties. I worked in various hospitals and rotated through different orthopaedic subspecialties. I gained valuable experience in the management of multi-injured patients and high velocity trauma. The later stage of my higher orthopaedic training was focused on upper limb surgery. I spent more than two years in shoulder, elbow and hand surgery. I gained a broad experience in all aspects of upper limb surgery including arthroscopic shoulder and elbow procedures, as well as shoulder and elbow replacement surgery.

For the final year of my training I have been appointed to a 12-month fellowship training post at the Guy's and St Thomas' University Hospitals. This has allowed me the unique opportunity to work within the multidisciplinary environment of a specialist Shoulder and Elbow unit and further my experience in the management of all aspects of upper limb conditions. This fellowship training post has enabled me to gain valuable experience at internationally renowned tertiary referral centre.

I obtained MD
research degree
from University
College London
in Dec 2015.

CURRENT POSITION

**FELLOWSHIP
TRAINING**

Trauma and Orthopaedic – Shoulder Surgery

Nov 2016 – Nov 2017

Royal United Hospital, Bath, UK

Position involves general trauma admissions, elective upper limb surgery, arthroscopic surgery, shoulder replacement and supervision of junior doctors

**HIGHER
ORTHOPAEDIC
TRAINING**

Shoulder & Elbow fellowship Guy's & St Thomas' University Hospitals

Sep 2015 – Nov 2016

Mr S Corbett / Mr A Richards

Locum Hand fellow

Aug 2015 – Sep 2015

Chelsea and Westminster Hospital, London

Ms A Bremner-Smith

Paediatric/Upper limb

Apr 2015 – Aug 2015

West Middlesex University Hospital, London

Mr H Zadeh

Locum SpR

Multiple positions - Oct 2014 – Apr 2015

Shoulder/Hand

Oct 2013 – Oct 2014

William Harvey University Hospital, Kent

Mr C Brooks / Mr R Wetherell

Foot and Ankle

Apr 2013 – Oct 2013

William Harvey University Hospital, Kent

Mr C Southgate

Shoulder/Elbow

July 2012 – Apr 2013

William Harvey University Hospital, Kent

Mr J Relwani

Postgraduate MD Research

Aug 2010 – July 2012

Institute of Orth and Musculoskeletal Science, UCL, Prof. G Blunn

Spinal Surgery

Oct 2009 – Aug 2010

QEQM University Hospital, Kent

Mr J Casha

Knee arthroplasty / soft tissue

Apr 2009 – Oct 2009

QEQM University Hospital, Kent

Mr C Jeer

Lower limb arthroplasty

Oct 2008 – Apr 2009

QEQM University Hospital, Kent

Mr Saran

**Locum
Consultant**

Lower Limb arthroplasty

Feb 2008 – Oct 2008

Countess of Chester Hospital, Chester

Mr S Venkat

**BASIC
SURGICAL
TRAINING**

SHO – T&O	Morrison University Hospital, Swansea
Aug 2007 – Feb 2008	Mr M Mullins
SHO – Cardiothoracic	University Hospital of Wales, Cardiff
Feb 2007 – Aug 2007	Mr O’Keefe
SHO – Rotation	William Harvey University Hospital, Kent
Feb 04 – Feb 07	T&O, ENT, Vascular, General Surgery, A & E
SHO – T&O	St. Mary’s Hospital, Isle of Wight
Aug 2003 – Feb 2004	Mr S Nasra
SHO - T&O	Royal Sussex County Hospital, Brighton
May 2003 - Aug 2003	Mr Williams
PRHO rotation	Alexandria University Hospitals, Egypt
Mar 2001 – Mar 2002	

**PODIUM
PRESENTATIONS
(NATIONAL /
INTERNATIONAL)**

1. Shoulder hemiarthroplasty can give reliable outcome for patients with sickle cell avascular necrosis of humeral head, EFORT, June 2017
2. Shoulder Hemiarthroplasty for Patients With AVN of The Humeral Head, International Arthroplasty Conference, Egypt, Jan 2017
3. The reverse shoulder replacement in proximal humerus fractures, International Arthroplasty Conference, Egypt, Feb 2016
4. Total Elbow Replacement, mini review, International Arthroplasty Conference, Egypt, Feb 2016
5. Coflex Dynamic Stabiliser, The Good, The Bad, And The Ugly. Mid Term Results For Coflex Inter-Spinous Dynamic Stabilization Device In Degenerative Lumbar Stenosis. A Minimum 4 Years Follow-Up, EFORT, Prague, June 2015
6. A new application of demineralised bone as tendon substitute; animal study,
 - Combined Orthopaedics Research Societies, Venice, Oct 2013
 - BOA, Birmingham, Oct 2013
 - British Orthopaedic Research Society, London, Sep 2012

7. The use of demineralised cortical bone for tendon and ligament repair, presented:
 - Combined Orthopaedics Research Societies, Venice, Oct 2013
 - British Orthopaedic Research Society, London, Sep 2012

8. The use of cortical demineralised bone matrix (DBM) for repair and augmentation of patellar tendon; cadaveric study, presented at:
 - SICOT, Dubai, Nov 2012
 - BOA, Manchester, Sep 2012

9. Effect of gamma radiation and freeze drying on the maximum tensile strength of the demineralised cortical bone, presented at:
 - BOA, Manchester, Sep 2012
 - EFORT, Berlin, May 2012

10. Standardised transtibial ACL reconstruction can result in high reproducibility rate of the optimal femoral tunnel position; radiographic review, presented at:
 - BASK, Derby, Apr 2012
 - South West Orthopaedic Club, Weston-Super-Mare, Oct 2011
 - The Indian Orthopaedic Society in UK meeting, June 2011

11. Is there a need for routine postoperative surgical follow up post Trapeziectomy and single digit Dupuytren's fasciectomy? Presented at:
 - AAOS, San Francisco, USA, Feb 2012
 - BSSH, London, Oct 2011
 - BOA, Dublin, Sep 2011

12. Medium term results for Total Elbow Replacement, a District General Hospital experience, presented at:
 - South West Orthopaedic Club, Weston-Super-Mare, Oct 2011
 - ISTA, Dubai, Oct 2010
 - Indian Orthopaedic society (UK) meeting, Gillingham, June 2010
 - KSS deanery regional meeting, Canterbury, June 2010

13. MPFL reconstruction: is clinical method of identifying isometric femoral attachment reliable? Co-author, SICOT, Sep 2011
14. Effect of Dual Coating Proteins Chemically Bonded to Titanium Alloy on Sealing Transcutaneous Skin-Implant Interface, co-author, EFORT, Copenhagen, Jun 2011
15. 2 years follow up for Coflex inter-spinous dynamic stabilization device, co-author, presented at KSS deanery meeting, Canterbury, June 2010
16. Procedure for Prolapse and Haemorrhoids; Haemorrhoidopexy new treatment for old problem, Kent colorectal group meeting, East Kent Hospitals, Mar 2005

**POSTER
PRESENTATIONS
(NATIONAL /
INTERNATIONAL)**

1. Shoulder Hemiarthroplasty Can Give Reliable Outcome For Patients With Sickle Cell Avascular Necrosis Of The Humeral Head, BESS, June 2017
2. The use of demineralised cortical bone for tendon and ligament repair, presented at ORS, New Orleans, USA, Mar 2014
3. A new application of demineralised bone as tendon substitute; animal study:
 - ORS, New Orleans, USA, Mar 2014
 - BOA, Birmingham, Oct 2013 (nominated for ARUK poster prize)
4. Unusual cause of anterior knee pain; Primary aneurysmal bone cyst of the patellar, case report and literature review, presented at:
 - SICOT, Dubai, Nov 2012
 - ISTA, Bruges, Sep 2011
 - Indian Orthopaedic Society - UK, June 2011
5. Standardised transtibial ACL reconstruction can result in high reproducibility rate of the optimal femoral tunnel position; radiographic review, presented at:
 - SICOT, Dubai, Nov 2012
 - EFORT, Berlin, May 2012
 - ISTA, Bruges, Sep 2011

6. Analysis of complaints against trauma and orthopaedic department in east Kent region over 9 years, SICOT, Dubai, Nov 2012
7. Is there a need for post operative follow up post simple Trapeziectomy and single digit Dupuytren's fasciectomy? Presented at:
 - EFORT, Berlin, May 2012
 - ISTA, Bruges, Sep 2011
 - Indian Orthopaedic Society in UK, June 2011
8. Compartment Syndrome of the forearm associated With Allopurinol Induced Toxic Epidermal Necrolysis: Case Report, coauthor, EFORT, Berlin, May 2012
9. Effect of gamma radiation and freeze drying on the maximum tensile strength of the demineralised cortical bone, BASK, Derby, Apr 2012
10. Medium term results of total Elbow replacement; District Hospital experience:
 - BSSH, London, Oct 2011
 - EFORT, Copenhagen, June 2011
11. Medial Patellofemoral Ligament reconstruction: is a clinical method of identifying the isometric femoral attachment reliable? a clinical and radiological study, co-author, EFORT, Copenhagen June 2011
12. 2 years follow up for Coflex inter-spinous dynamic stabilization, co-author,
 - EFORT, Copenhagen, June 2011
 - ISTA, Dubai, Oct 2010
 - BOA, Glasgow, Sep 2010
 - BritSpine 2010 meeting, Liverpool, April 2010
13. Dislocated patellar button causing quadriceps rupture in a patient with total knee replacement, Co-author, EFORT, Madrid, June 2010
14. Stapled Haemorrhoidopexy new treatment for old problem, British Association of Day Surgery, Glasgow, June 2006

**ARTICLE
PUBLICATIONS**

1. Wong F, Elnikety S et al. Thromboembolic Event Following Rotator Cuff Surgery: A Systematic Review, in progress.
2. Elnikety S et al. Candidate guide to EBOT exam, European Journal of Orthopaedic Surgery and Traumatology, submitted awaiting review.
3. Elnikety et al. Functional and histological analysis of cortical demineralised bone as tendon graft; animal study, BMC Musculoskeletal Disorders (2016) 17:483, DOI 10.1186/s12891-016-1323-1
4. Kamal T, Elnikety S et al, Reported Clinical Outcomes of Coflex Dynamic Stabilization Device Vs Instrumented Decompression and Fusion in Degenerative Lumbar Stenosis, MOJ Orthop Rheumatol 5(6): 00200. DOI: 10.15406/mojor.2016.05.00200
5. Elnikety S, your guide to the SICOT Diploma in T & O, Bulletin of The Royal College of Surgeons of England, Volume 97, Number 1, January 2015, pp. E12-E14(3), DOI: 10.1308/147363515X14134529299385.
6. Elsofay K, ..., Elnikety S et al, A simple classification system for hip fractures, Open J of Orth. (OJO), Vol 4, No 5, May 2014, DOI: 10.4236/ojo.2014.45023.
7. Elnikety S, Yip A, German SICOT Fellowship 2013 report, SICOT newsletters, Issue 67 - April 2014, http://www.sicot.org/?id_page=856.
8. Elnikety S et al. Patient satisfaction with postoperative follow up by a hand therapist, Musculoskeletal Care. 10 (2012)1:39 – 42.
9. Kamal T, Elnikety S et al. Compartment Syndrome of the forearm associated with Allopurinol-Induced Toxic Epidermal Necrolysis: a case report, J Med Case Reports. 2012 Mar 20;6(1):84.
10. Ping W, Elnikety S, Hatrick C, Preventing fragility hip fracture in high risk groups: an opportunity missed, Postgrad Medical J 2006;82;528-531.
11. Elnikety S, The effect of European Working Time Directive (EWTD), Hospital at Night system and the financial burden on the NHS, letter to the editor, BMJ, online publication, June 2011 <http://www.bmj.com/rapid-response/2011/11/03/effect-european-working-time-directive-ewtd-hospital-night-system-and-fina>.

**PUBLISHED
ABSTRACTS**

1. Kamal T, Elnikety S et al, Midterm results for coflex interspinous dynamic stabilisation device in degenerative lumbar stenosis. The good, the bad and the ugly, *The Spine Journal*, Vol 16, Issue 4, Supp, A1-A4, S1-S112 (Apr 2016).
2. Elnikety S et al, The use of demineralised cortical bone for tendon and ligament repair, *Bone and Joint Journal*, Orthopaedic Proceedings March 2013 95-B: 36.
3. Elnikety S et al, The use of cortical demineralised bone for repair and augmentation of patellar tendon; cadaveric study, *Bone and Joint Journal*, Orthopaedic Proceedings January 2013 95-B: 170-170.
4. Elnikety S et al, Effect of gamma irradiation and freeze drying on the maximum tensile strength of the cortical demineralised bone matrix , *Bone and Joint J*, Orthopaedic Proceedings January 2013 95-B: 171.
5. Elsofrafy K, Elnikety S et al, A simple 4-part hip fracture complexity classification, which predicts mortality and in-patient cost, *Injury Extra*, Vol 43, Issue 10, Oct 2012, Pages 108 <http://dx.doi.org/10.1016/j.injury.2012.07.304>.
6. Elnikety S et al, Standardised transtibial ACL reconstruction can result in high reproducibility rate of the optimal femoral tunnel position; radiographic review, *Bone and Joint Journal*, Orthopaedic Proceedings September 2012 94-B: 3-3.
7. Elnikety S et al, Is there a need for post operative follow up post simple Trapeziectomy and single digit Dupuytren's fasciectomy? *Orthopaedic Proc.* Sep 2012 94-B:135.
8. Talawadkar G, Rose P, Elnikety S et al. Medial Patellofemoral Ligament reconstruction: is a clinical method of identifying the isometric femoral attachment reliable? a clinical and radiological study, *J Bone Joint Surg Br* 2012 94-B: 78-78.
9. M-Husseiny M, Pendegrass C, Elnikety S et al, Effect of dual coating proteins chemically bonded to titanium alloy on sealing the transcutaneous skin-implant interface, *JBJS-Br*, Orthopaedic Proceedings September 2012 94-B: 136-136.
10. Elnikety S et al, Medium term results of total Elbow replacement; District General Hospital experience, *Bone and Joint Journal*, Orthopaedic Proceedings April 2012 94-B: 7.

**AUDITS/
STUDIES**

11. Kamal T, Elnikety S et al, 2 years follow up for Coflex inter-spinous dynamic stabilization device, J Bone Joint Surg Br 2012 94-B:(SUPP X) 025
12. Elnikety S et al, Stapled Haemorrhoidopexy is feasible as day case surgery, District General Hospital Experience, J One day Surgery 2006-16 sup 1-18
1. Review of data collection process for NOF best tariff, completed audit cycle, St Thomas' Hospital, Apr 2016
2. Accuracy of information given on the consent form for THR and TKR, completed audit cycle, West Middlesex University Hospital, Jul 2015
3. Primary, single level, unilateral lumbar discectomy in patients age ≤ 50 , national British Association for Spinal Surgery annual audit, 2010 -2011, Queen Elizabeth the Queen Mother Hospital, Margate, main investigator
4. 13 months follow up of hemiarthroplasty operations in Morrision hospital, Swansea, main investigator, 2008
5. Follow up total elbow arthroplasty outcome, William Harvey Hospital., main investigator, 2007
6. Analysis of T & O complaints over all trust sites 2002 – 2005, East Kent Hospitals Trust, main investigator, 2006
7. Analysis of workload on orthopaedic night SHO, William Harvey Hospital, co-investigator, 2006
8. Complications of Haemorrhoidopexy, William Harvey Hospital, main investigator, 2005
9. Management of fracture neck of femur in A & E, national audit, William Harvey Hospital, main investigator, 2004
10. Current practice in prevention of osteoporotic fractures, Royal Sussex County Hospital, co-investigator, 2003

**UPPER LIMB
MEETINGS /
COURSES**

- BESS-British Shoulder and Elbow Society, Coventry, June 2017
- London Shoulder meeting, May 2017
- Elbow Masterclass, European Elbow & Shoulder Society, Belgium, Sep 2016
- Shoulder instability Masterclass, Liverpool, May 2016
- London Shoulder Meeting, London, May 2016
- Reading shoulder course, Reading, Mar 2016
- Live shoulder surgery seminar, Birmingham, Mar 2016
- London Shoulder Meeting, London, May 2015
- Elbow arthroscopy, Smith and Nephew, York, Apr 2014
- Advanced Shoulder Arthroscopy, Watanabe club, Brighton, Mar 2014
- Live shoulder surgery seminar, Birmingham, Mar 2014
- British Society of surgery of the Hand, London, Oct 2011
- Shoulder Masterclass, Southport General Hospital, Southport, June 2008

**ORTHOPAEDIC
COURSES**

- Stanmore orthopaedic basic science course, London, Sep 2014
- Orthopaedic anatomy revision, RCS - England, Aug 2014
- King's FRCS revision course, King's College Hospital, Mar 2014
- Principles of Total Knee Arthroplasty, Nottingham, Oct 2008
- Instructional Hip Arthroplasty course, Edinburgh, Aug 2008
- Active Hip Meeting, Smith and Nephew, Nottingham, Dec 2007
- AO principles of operative fracture management, Leeds, June 2007
- Basic Arthroscopy Course, KSS Deanery, Mar 2007
- Finsbury SPR course, Finsbury Orthopaedic Institute, Oct 2006

**GENERIC
COURSES /
TRAINING**

- ISC consultant interview course, Apr 2017
- Oxford consultant interview course, May 2016
- Hammersmith consultant interview course, May 2016
- Good Clinical Practice, NIHR, eLearning, May 2016
- Introduction to NHS finance, Nov 2015
- ATLS, Nov 2013
- IRMER ionising radiation training, Oct 2013
- Manual Handling Training, Nov 2012
- ALS, London. Sep 2010
- Understanding Statistics / How to Read a Paper, Oct 2009
- Developing and Maintaining Research, Sep 2009
- Fundamentals of Medical Ethics, World Medical Association 2009
- Communications skills workshop, May 2007
- Care of Critically Ill Surgical Patient, Sep 2005

**INTERNATIONAL
MEETINGS /
CONFERENCES**

- EFORT, Vienna, Austria, May 2017
- 10th International arthroplasty conference, Egypt, Jan 2017
- 9th International arthroplasty conference, Egypt, Feb 2016
- Combined Orthopaedics Research Societies meeting, Italy, Oct 2013
- SICOT Orthopaedic World Conference, Dubai, UAE, Nov 2012
- EFORT, Berlin, Germany, May 2012
- AAOS, San Francisco, USA, Feb 2012
- BOA, Dublin, Ireland, Sep 2011
- EFORT meeting, Copenhagen, Denmark, June 2011
- ISTA (Technology in Arthroplasty) meeting, Dubai, UAE, Oct 2010

**NATIONAL
MEETINGS /
CONFERENCES**

- Safety Connections, London, June 2016
- London knee meeting, London, Oct 2015
- BOA, Birmingham, Sep 2013
- British Orthopaedic Research Society, London, Sep 2012
- BOA, Manchester, UK Sep 2012
- British Association of Surgery of the Knee, Derby, Apr 2012
- London Knee meeting, London Oct 2011
- Indian Orthopaedic Society - UK meeting, June 2010 and June 2011
- London Hip Meeting, London, Apr 2009
- Annual Conference of British Association of Day Surgery, June 2006

**TEACHING
SKILLS**

COURSES AND TRAINING

- Interprofessional education, London Deanery, June 2016
- Teaching, Learning and Assessment, University of Nottingham, May 2016
- Clinical Supervision, Guy's and St Thomas' NHS trust, Jan 2016
- Training the Trainer, Royal College of Surgeons of England, Feb 2011
- TAIP (Training and Assessment In Practice) RCS - England, April 2010
- Educational Supervision, London Deanery, April 2010

UNDER GRADUATE MEDICAL STUDENTS TEACHING

- End of year undergraduate year 4 examiner, June 2016
- Year 4 orthopaedic crash course lecturer, May 2016
- Multiple lectures year 4 students, Guy's Campus, Kings College, 2015-16
- Invited Demonstrator, KCL Surgical Society's annual conference, Jan 2016
- Mock clinical skills exam for year 5 students, Imperial College, May 2015

INVITED FACULTY

- GSTT basic trauma course, Guy's Hospital, Nov 2015
- BSS course West Middlesex University Hospital, Apr 2015
- Luton FRCS T&O revision course, Mar 2015
- KSS Deanery trauma day for CT trainees, QEQM Hospital, Dec 2010
- Undergraduate introductory phase 3 course, King's College, Sep 2010
- Basic Surgical Skills Course, Kent and Canterbury Hospital, May 2010
- KSS Deanery trauma day for CT trainees, QEQM Hospital, Dec 2009
- East Kent Hospitals Postgraduate Centre teaching programme F1/F2, 2006

FACILITATOR:

- Physician Associates teaching programme, Guy's Hospital, 2015-16

**MANAGEMENT /
LEADERSHIP
SKILLS**

COURSES AND TRAINING

- Leadership Foundations Award, NHS leadership academy, Mar 2016
- Passport for management, Guys Hospital, Jan 2016
- Clinical Management for SpRs, Keele University, Apr 2010
- Leadership Programme for SpRs, Countess of Chester Hospital, Jun 2008

LEADERSHIP ACTIVITIES

- Member of GSTT Junior Doctor Leadership Group 2015 – 2016
- Guy's hospital liaison team for new T&O junior doctors' rota 2015 – 2016
- IRMER training course organiser, William Harvey Hospital 2013 - 2014
- Involved in organizing the KSS Deanery trauma day for CT trainees, QEQM Hospital, Dec 09 and Dec 2010

**SERVICE
IMPROVEMENT
PROJECTS**

- Current: Production of patient information Leaflets for shoulder surgery, Royal United Hospital, Bath, 2017
- Introduction of simple traction system for arthroscopic shoulder surgery (potential saving £50-100/case), Royal United Hospital, Bath, 2017
- Physician Associates integration programme, T&O, Guy's Hospital, 2015-16
- Implementation of SBAR, electronic safe handover system in T&O Department, Guy's and St Thomas Hospitals, 2015-16
- Physiotherapy only follow up after single digit fasciectomy and Trapeziectomy, East Kent Hospitals, 2009 - 2010
- Treatment of osteoporosis in patients admitted with fragility fracture, Royal Sussex County Hospital, 2003 – 2004